

Orders of Self: Eight Stages in the Development of the Proximal Self

orders	Wilber's altitudes	identity / locus	motivation / focus	currency / lens	realm	Benner's Self centers
8°	violet	I see through the eyes of God	re-union, harmony	consciousness - pure unbounded awareness	transpersonal / spiritual	Spirit (energy)
7°	turquoise	I am a product of the unique circumstances of my being	meaning and purpose in my life; release of suffering of others	compassion - identification with other beings		Soul (perspective)
6°	teal	I am the one who chooses which perspectives and abilities to use	mastery over internal conflicts;	integrity - ability to be integrated	intrapersonal / internal	Mind (connections)
5°	green	I am the multifaceted creation of my many experiences	self-awareness in the midst of contradictory impulses	perspectives - holding diverse points of view		
4°	orange	I am the one choosing my roles and relationships	mastery over my role and security in my relationships	intimacy - having deep connections with others	interpersonal / relational	Mind (connections)
3°	amber	I am my roles and relationships	acceptance of others and security in my role	esteem - knowing worth in relationship with others		
2°	red	I am the one having my experience	mastery over what I am experiencing	possessions - having fine things and using them well	personal / material	Body (place)
1°	magenta	I am my experience	connection to the material world	experiences - attending to everything that arises		
0°	beige					